

Priority Area 3: Prevent Chronic Diseases

Goal 1: Decrease breast cancer deaths

Strategy	Lead Organization	2026 Goal	Progress	% Completion	Notes	2025 Totals
Research barriers to breast cancer screening for Black, Hispanic, and Asian women: Conduct focus groups with women who are not up to date with mammogram screenings	DCHD, American Cancer Society, Main Line Health	5 focus groups	1 focus group	20%	BC Focus Group subcommittee formed to implement engagement sessions. Focus expanded to include multiple generations	A survey was completed in 2025 to gather community perspectives on barriers to breast cancer screenings.
		25 participants	5 participants	20%		
Address screening barriers: Host and partner to promote breast cancer screening events.	DCHD, Jefferson Health	5 mobile screening events	3 events	60%	June DCHD Wellness Center in Chester (9 screened) April DCHD Wellness Center in Yeadon (14 screened) February DCHD Wellness Center in Chester (14 screened)	4 screening events, 40 people screened
		50 participants	37 participants	74%		
Increase awareness of breast cancer prevention strategies: Develop educational campaigns.	PCD CHIP Breast Cancer Subcommittee	Begin planning educational campaign.	Not started	0%	Pending results of focus groups.	N/A
Develop partnerships with breast cancer support groups and other community groups.	PCD CHIP Breast Cancer Subcommittee	Connect with 2 groups in 2026	1 new organization	50%		N/A
Participate in or lead advocacy efforts to increase funding for outreach and education, removing procedural barriers to access.	PCD CHIP Breast Cancer Subcommittee	N/A			Ongoing as opportunities arise.	N/A

Goal 2: Increase primary care access

Strategy	Lead Organization	2026 Goal	Progress	% Completion	Notes	2025 Totals
Identify active primary health care organizations accepting patients in Delaware County: Connect with 2 Accountable Care Orgs in Delaware County to obtain health care provider data by December 2026.	DCHD	2 ACOs	Not Started	0%	Strategies set in July 2026. This work is just beginning.	This initiative was on hold in 2025 due to changes in healthcare landscape.
Identify active primary health care organizations accepting patients in Delaware County: Work with Riddle (Mainline Health) and Mercy (Trinity) hospitals to access active provider lists in 2026.	DCHD	2 hospital systems	Not Started	0%		
Develop programming to improve access to health insurance and navigation. Work with Health Partners Plan, Keystone First, and PENNIE, to plan at least 3 onsite, in-person events.	DCHD	3 onsite events	Not Started	0%		

Goal 3: Improve Asthma outcomes in Delaware County

Strategy	Lead Organization	2026 Goal	Progress	% Completion	Notes	2025 Totals
Complete asthma addendum	DCHD	1 completed addendum	Addendum Completed	100%	Addendum completed and publicized in March 2026	N/A; Work began in 2026
Connect with and engage organizations researching and supporting asthma prevention activities in Delaware County.	DCHD	Engage with 3 new organizations	3 new organizations	100%	Asthma Team engaged: Villanova Mid-Atlantic Center for Children's Health & the Environment, Philadelphia Regional Center for Children's Environmental Health (PRCCEH) [CAPP Program], American Lung Association	
Research model mobile asthma screening programs.	DCHD	Research in progress	In progress	50%		
Host student-focused environmental health event in the Chester	DCHD	50 attendees	65 attended	130%	Completed SCORE for Wellness on Saturday, May 3, 2026, from 10 am - 2 pm. Event offered asthma and lead education for youth. Partners: Health Partners, Kids Smiles, Drexel and Drexel University The Eye Institute	
Develop Student Asthma Screening Initiative to assure youth are screened for asthma (especially in high-need school districts), and to improve asthma prevalence data quality.	DCHD	Develop screener, work with schools and PADOH to implement		50%	Screener has been developed. DCHD is working closely with PADOH and high-needs school districts toward implementation.	
Partner with American Lung Association to implement school-based initiatives.	ALA	TBD		0%	This initiative is in the planning stage.	
Implement CHOP Child Asthma Prevention Program (CAPP) home inspections	CHOP	30	30 Delaware County families served	100%	December 2025-June 30 2026	

Goal 4: Reduce obesity

Strategy	Lead Organization	Key Partners	2026 Goal	Progress	% Completion	Notes	2025 totals
Develop and promote programs to support physical activity: Implement Walktober program to encourage regular physical activity	DCHD	Senior Community Services	6 senior centers	4 senior centers	67%		4 senior centers
			5 workplaces/ organizations	5 workplaces/ organizations have committed	100%	Additional Workplaces/ Organizations include Keystone Wellness, Havertown YMCA, Lansdowne YMCA, ChesPenn, and Family Village	486 people ages 55+
Develop and promote programs to support healthy eating: Host Cooking for Wellness Classes at community-based centers	DCHD	Keystone Wellness	4 classes	2 classes	50%		2 classes held
			60 participants	30 participants	50%		24 participants
Expand PCD CHIP Committee membership to incorporate more organizations that focus on nutrition and/or physical activity promotion	DCHD	WP CHIP Committee	4 new organizations	1 new organization	25%	2 new members from the Havertown YMCA have joined the committee	N/A