Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:
Redwood Coordinator: Brooke Kempczynski 610-891-6061/
KempczynskiB@co.delaware.pa.us

November

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	3 **Closed** **County Holiday**	4 Cardio Drumming w/Sandra 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba 1:30-2:30	5 Parkside Senior 9-3	6 Tai Chi w/ Walter 12-1:15
9 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	10 Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	11 **Closed** **County Holiday**	12 Parkside Senior 9-3	13 Tai Chi w/ Walter 12-1:15
16 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	17 Improvers Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	18 Cardio Drumming w/Sandra 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba 1:30-2:30	19 Parkside Senior 9-3 **Thursday** **Night Dance** **6pm-9pm**	20 Tai Chi w/ Walter 12-1:15
23 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	24 Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	25 Cardio Drumming w/Sandra 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba 1:30-2:30	26 **Closed** **County Holiday** HAPPY Thanksgiving	27 **Closed** **County Holiday**
30 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30				

For any updates:

https://www.delcopa.gov/parks/upland