

# Redwood Community Center

Upland Park, 280 6<sup>th</sup> St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski 610-891-6061/  
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Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> Fitness w/ Deanie 11-12  Line Dancing w/ Mary Ellen 12:30-2:30	<b>30</b> Improv Dancing w/ Deanie 10-11  Baby Boomers 11-1  Tuesday Dance w/ DJ Steve 1-3	<b>1</b> Cardio Drumming w/Sandy 10:45-11:45  Chair Yoga 12:00-1:00  Beach Ball Cardio Class w/ Mary Ellen 1:30-2:30	<b>2</b>  Parkside Seniors 9-3	<b>3</b>  Closed
<b>6</b>  Pilates w/ Deanie 11-12  Line Dancing w/ Mary Ellen 12:30-2:30	<b>7</b> Improvers Dancing w/ Deanie 10-11  Baby Boomers 11-1  Tuesday Dance w/ DJ Steve 1-3	<b>8</b> Cardio Drumming w/Sandy 10:45-11:45  Chair Yoga 12:00-1:00  Beach Ball Cardio Class w/ Mary Ellen 1:30-2:30	<b>9</b>  Parkside Seniors 9-3	<b>10</b>  Tai Chi w/Mary Ellen 12-1:15
<b>13</b> Fitness w/ Deanie 11-12  Line Dancing w/ Mary Ellen 12:30-2:30	<b>14</b> Beginners Dancing w/ Deanie 10-11  Baby Boomers 11-1  Tuesday Dance w/ DJ Steve 1-3	<b>15</b> Cardio Drumming w/Sandy 10:45-11:45  Chair Yoga 12:00-1:00  Beach Ball Cardio Class w/ Mary Ellen 1:30-2:30	<b>16</b>  Parkside Seniors 9-3	<b>17</b>  Tai Chi w/Mary Ellen 12-1:15
<b>20</b>  Pilates 11-12  Line Dancing w/ Mary Ellen 12:30-2:30	<b>21</b> Improvers Dancing w/ Deanie 10-11  Baby Boomers 11-1  Tuesday Dance w/ DJ Steve 1-3	<b>22</b> Cardio Drumming w/Sandy 10:45-11:45  Chair Yoga 12:00-1:00  Beach Ball Cardio Class w/ Mary Ellen 1:30-2:30	<b>23</b>  Parkside Seniors 9-3  Thursday Night Dance 6-9	<b>24</b>  Tai Chi w/Mary Ellen 12-1:15
<b>27</b> Fitness w/ Deanie 11-12  Line Dancing w/ Mary Ellen 12:30-2:30	<b>28</b> Beginners Dancing w/ Deanie 10-11  Baby Boomers 11-1  Tuesday Dance w/ DJ Steve 1-3	<b>29</b> Cardio Drumming w/Sandy 10:45-11:45  Chair Yoga 12:00-1:00  Beach Ball Cardio Class w/ Mary Ellen 1:30-2:30	<b>30</b>  Parkside Seniors 9-3	<b>31</b>  Tai Chi w/Mary Ellen 12-1:15

Check website for any updates  
[www.delcopa.gov](http://www.delcopa.gov)