

Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Program Coordinator: Brooke Kempczynski 610-891-6061/
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Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Redwood	3 Closed	4 For	5
8	9	10 Senior Games	11	12
15 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	16 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	17 Cardio Drumming 10:45-11:45 Chair Yoga / Deanie 12-1 Zumba 1:30-2:30	18 Parkside Senior 9-3	19 OFF
22 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	23 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	24 Cardio Drumming 10:45-11:45 Chair Yoga / Deanie 12-1 Zumba 1:30-2:30	25 Parkside Senior 9-3	26 Tai Chi 12-1:15
29 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	30 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3		<u>No TND this Month</u>	