








Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski 610-891-6061/
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Monday	Tuesday	Wednesday	Thursday	Friday
27 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	28 Improver Dance w/ Deanie 10-11 Baby Boomers  11-1 Tuesday Dance w/ DJ Steve 1-3	29 Cardio Drumming w/ Gale 10:45-11:45 Chair Yoga w/ Donna 12-1 Zumba w/ Mary Ellen 1:30-2:30	30 Parkside Senior 9-3	1 Tai Chi w/ Mary Ellen 12-1:15 
4 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	5 Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	6 Cardio Drumming w/ Gale 10:45-11:45 Chair Yoga w/ Donna 12-1 Zumba w/ Mary Ellen 1:30-2:30	7 Parkside Senior 9-3 	8 Tai Chi w/ Mary Ellen 12-1:15
11 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30 	12 Improver Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	13 Cardio Drumming w/ Gale 10:45-11:45 Chair Yoga w/ Donna  12-1 Zumba w/ Mary Ellen 1:30-2:30	14 Parkside Senior 9-3	15 Tai Chi w/ Mary Ellen 12-1:15
18 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	19 Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	20 Cardio Drumming w/ Gale 10:45-11:45 Chair Yoga 12-1 Zumba w/ Mary Ellen 1:30-2:30	21 Parkside Senior 9-3	22 Tai Chi w/ Mary Ellen 11:45-1:00 
25 Closed 	26 Improver Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	27 Cardio Drumming w/ Gale 10:45-11:45 Chair Yoga 12-1 Zumba w/ Mary Ellen 1:30-2:30	28 Parkside Senior 9-3	29 Tai Chi w/ Mary Ellen 12-1:15

