

Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski
610-891-6061/KempczynskiB@co.delaware.pa.us



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Pilates w/ Deanie 11-12</p> <p>Line Dancing w/Mary Ellen 12:30-2:30</p>	<p>3</p> <p>Beginners Dance w/ Deanie 10-11</p> <p>Baby Boomers 11-1</p> <p>Tuesday Dance w/ DJ Steve 1-3</p>	<p>4</p> <p>Cardio Drumming 10:45-11:45</p> <p>Chair Yoga 12-1</p> <p>Zumba 1:30-2:30</p>	<p>5</p> <p>Parkside Senior 9-3</p>	<p>6</p> <p>Tai Chi 12-1:15</p>
<p>9</p> <p>Fitness w/ Deanie 11-12</p> <p>Line Dancing w/Mary Ellen 12:30-2:30</p>	<p>10</p> <p>Improv Dance w/ Deanie 10-11</p> <p>Baby Boomers 11-1</p> <p>Tuesday Dance w/ DJ Steve 1-3</p>	<p>11</p> <p>Cardio Drumming 10:45-11:45</p> <p>Chair Yoga 12-1</p> <p>Zumba 1:30-2:30</p>	<p>12</p> <p>Parkside Senior 9-3</p>	<p>13</p> <p>Tai Chi 12-1:15</p>
<p>16</p> <p>Pilates w/ Deanie 11-12</p> <p>Line Dancing w/Mary Ellen 12:30-2:30</p>	<p>17</p> <p>Beginner Dance w/ Deanie 10-11</p> <p>Baby Boomers 11-1</p> <p>Tuesday Dance w/ DJ Steve 1-3</p>	<p>18</p> <p>Cardio Drumming 10:45-11:45</p> <p>Chair Yoga 12-1</p> <p>Zumba 1:30-2:30</p>	<p>19</p> <p>Parkside Senior 9-3</p>	<p>20</p> <p>Tai Chi 12-1:15</p>
<p>23</p> <p>Fitness w/ Deanie 11-12</p> <p>Line Dancing w/Mary Ellen 12:30-2:30</p>	<p>24</p> <p>Improv Dance w/ Deanie 10-11</p> <p>Baby Boomers 11-1</p> <p>Tuesday Dance w/ DJ Steve 1-3</p>	<p>25</p> <p>Cardio Drumming 10:45-11:45</p> <p>Chair Yoga 12-1</p> <p>Zumba 1:30-2:30</p>	<p>26</p> <p>Parkside Senior 9-3</p> <p>TND Featuring Steve Krutz 6-9</p>	<p>27</p> <p>Tai Chi 12-1:15</p>
<p>30</p> <p>Pilates w/ Deanie 11-12</p> <p>Line Dancing w/Mary Ellen 12:30-2:30</p>	<p>31</p> <p>Improv Dance w/ Deanie 10-11</p> <p>Baby Boomers 11-1</p> <p>Tuesday Dance w/ DJ Steve 1-3</p>			

