

Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions call or email:

Redwood Coordinator:

Brooke Kempczynski 610-891-6061/

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	3 Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	4 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	5 Parkside Senior 9-3	6 No Tai Chi
9 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	10 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	11 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	12 Parkside Senior 9-3	13 Tai Chi 12-1:15
16 Closed	17 Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	18 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	19 Parkside Senior 9-3	20 Tai Chi 12-1:15
23 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	24 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	25 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	26 Parkside Senior 9-3 Thursday Night Dance 6-9	27 Tai Chi 12-1:15

