



The
Delaware County

Women's Resource Guide

2023

A biennial project of the
Delaware County Women's Commission



PAGE INTENTIONALLY LEFT BLANK

Table of Contents

Abuse	4
Adoption	5
Childcare and Early Childhood Education	5
Counseling and Mental Health	6
Crisis Assistance (Food, Housing, Fuel)	8
Disabilities (Supports for people with Disabilities)	9
Education	11
Employment	12
English as a Second Language (ESL)	12
Financial and Credit	13
Food	13
Healthcare	14
Housing Assistance	15
Immigration Services	17
Information and Referral	17
Legal Services	18
Meditation	19
Mentoring	20
Parenting	20
Teen Parenting	21
Pets	22
Pregnancy Services	22
Senior and Elderly Services	23
Substance Abuse Disorder	23
Support Groups	24

Hotlines and Additional Resources

Emergency Hotlines	26
Child/Elder Abuse	26
Crisis Intervention/Suicide Prevention	26
Domestic and Sexual Abuse	26
Runaway Resources	26
Additional Resources	27

Abuse

Childline

(800) 932-0313

Website: www.dhs.pa.gov/contact/Pages/Report-Abuse.aspx

Delaware County Children and Youth Services

(610) 447-1000

Website: Delcohsa.org

Delaware County Victim Assistance Center

(610) 566-4342

Website: Delcovictimassistance.org

Domestic Abuse Project of Delaware County

(610) 565-4590

Website: dapdc.org

Family Support Line

(610) 268-9145

Website: Familysupportline.org

Legal Aid of Southeastern Pennsylvania Hotline

(877) 429-5994

Website: Lasp.org

Office of Judicial Support

(610) 891-4370

Website: Delcopa.gov/ojs/pfa/pfa.html



Adoption

Adoptions from the Heart of Delaware County

Website: Afth.org

(610) 642-7200

(Wynnewood Office)

(888) 918-9893

Children's Choice

Website: Childrenschoice.org

(610) 872-6200

(Chester Office)

(610) 521-6270

Open Arms Adoption Network

Website: Openarmsadoption.net

(888) 673-6276

Safe Haven of Pennsylvania

Website: Secretsafe.org

(866) 921-7233



Childcare and Early Childhood Education

Early Learning Resource Center, Region 15

Website: <https://www.delcohsa.org/elrc.html>

(610) 713-2115

(800) 831-3117

Child Care Works Helpline

Website: Dhs.pa.gov/Services/Children/Pages/Child-Care-Works-Program.aspx

(877) 472-5437

Head Start/Early Head Start

Website: Dciu.org

(610) 938-9000

Widener University Child Development Center

(610) 499-1097

Website: www.widener.edu/about/campus-community-resources/clinics-centers/child-development-center



Counseling and Mental Health

CareLink Community Support Services

(610) 624-6254

Website: Carelinkservices.org

Catholic Social Services

(267) 331-2490

Website: Cssphiladelphia.org

Child Guidance Resource Center

(484) 454-8700

Website: Cgrc.org

Council for Relationships

(215) 382-6680

Website: Councilforrelationships.org

Daemion Counseling Center

(610) 647-1431

Website: Daemioncounseling.org

Delaware County Office of Human Services

(610) 713-2365

Website: delcohsa.org

Delaware County Suicide Prevention Task Force

(855) 889-7827

Website: Delcosuicideprevention.org | Preventsuicidepa.org

Counseling and Mental Health (Con't)

Family and Community Service of Delaware County (610) 566-7540
Website: Fcsdc.org

Family Support Line (610) 268-9145
Website: Famylsupportline.org

Gemma Service (267) 297-5170
Website: Gemmaservices.org (215) 730-2240

Mental Health Association of Southeastern Pennsylvania (800) 688-4226
Website: Mhasp.org

Merakey (888) 647-0020
Website: Merakey.org

National Alliance for the Mentally Ill Delaware County (610) 623-0071
Website: Nami.org

Social Work Counseling Services at Widener University (610) 499-1102
Website: Widener.edu/profile/social-work-counseling-services

Suicide & Crisis Lifeline 988



Crisis Assistance (Food, Housing, Fuel)

American Red Cross | Southeastern Pennsylvania (215) 299-4000
Website: [Redcross.org/local/pennsylvania/southeastern-pennsylvania](https://www.redcross.org/local/pennsylvania/southeastern-pennsylvania) (Philadelphia Chapter)
(610) 750-8206
(Del. Valley Chapter)

Catholic Social Services of Chester (610) 876-7101
Website: [Ccssphiladelphia.org](https://www.cssphiladelphia.org)

CityTeam Chester (610) 872-6865
Website: [Cityteam.org/chester](https://www.cityteam.org/chester)

Community Action Agency (610) 874-8451
Website: [Caadc.org](https://www.caadc.org)

Delaware County Assistance Office (Chester & Darby) (610) 447-5500
Website: www.delcopa.gov/departments/countyassistance.html (610) 447-3099
(LIHEAP)

Family and Community Services of Delaware County (610) 566-7540
Website: [Fcsdc.org](https://www.fcsdc.org)

Salvation Army (Chester/Brookhaven & Darby) (610) 874-4266
Website: [Pa.salvationarmy.org/chester](https://pa.salvationarmy.org/chester)

Temporary Assistance for Needy Families (800) 692-7462
Website: [Acf.hhs.gov/temporary-assistance-needy-families-tanf](https://www.acf.hhs.gov/temporary-assistance-needy-families-tanf)



Supports for People with Disabilities

Arc of Delaware County (610) 544-6600
Website: Delcoadvocacy.org

Catholic Social Services (610) 876-7101
Website: Cssphiladelphia.org

Carelink Community Support Services (610) 624-6254
Website: Carelinkservices.org

Center for the Blind and Visually Impaired (610) 874-1476
Website: Cbvi.net

Child Guidance Resource Center (484) 454-8700
Website: Cgrc.org

Children/Adult Disability and Education (610) 328-5955
Website: Cades.org

Community Interactions (610) 328-9008
Website: Ciinc.org

Compeer of Suburban Philadelphia (610) 541-0790
Website: Compeerfriends.org

Deaf Hearing Communication Center (610) 604-0452
Website: Dhcc.org

Supports for People with Disabilities (Con't)

Devereux

Website: Devereux.org

(610) 296-6800
(Adult, 21+)

(610) 431-8191
(Children, 0-21 Years)

Elwyn, Inc.

Website: Elwyn.org

(610) 891-2000

LifePath, Inc.

Website: Lifepath.org

(610) 566-5029

Horizon House

Website: Hhinc.org

(610) 328-2044
(Delaware County)

(215) 386-3838
(Philadelphia)

PLAN of Pennsylvania

Website: Planofpa.org

(610) 687-4036

Values into Action

Website: Valuesintoaction.org

(610) 565-5177



Education

The Be Proud Foundation Website: Beproudfoundation.com	(610) 891-8808
Chester Education Foundation Website: Chestereducation.org	(610) 364-1212
CityTeam Chester Website: Cityteam.org/chester	(610) 872-6865
Delaware County Intermediate Unit Website: Dciu.org	(610) 938-9000
Delaware County Literacy Council Website: Delcoliteracy.org	(610) 876-4811
Neighbor to Neighbor Website: N2ncdc.org	(610) 461-8140
New Choices Career Development Program Delaware County Community College Website: Dccc.edu/continuing-education/resources/new-choices-career-development-program	(610) 359-5232 (610) 359-5322 (GED Testing)
PathWays PA GED Website: Pathwayspa.org	(610) 459-9177



Employment

Chester Education Foundation

(610) 364-1212

Website: Chestereducation.org

Goodwill of Delaware and Delaware County

(610) 543-4399

Website: www.goodwillde.org

Career Wardrobe

(215) 568-6693

Website: Careerwardrobe.org

ext. 21

(Delaware County)

CareerLink

(610) 723-1220

Website: Pacareerlinkdelco.org

(Media)

(610) 447-3350

(Chester)



English as a Second Language (ESL)

Delaware County Intermediate Unit

(610) 938-9000

Website: Dciu.org

Delaware County Literacy Council

(610) 876-4811

Website: Delcoliteracy.org

El Centro The Center for Hispanic Resources

(610) 744-1010

Website: Delcopa.gov/el-centro

Financial and Credit

Ceiba

(215) 634-7245

Website: Ceibaphiladelphia.org

Clarifi

(215) 563-5665

Website: Clarifi.org

Community Action Agency of Delaware County

(610) 833-4455

Website: Caadc.org

Social Security Administration

(800) 772-1213

Website: Ssa.gov/phila

Habitat for Humanity of Montgomery & Delaware Counties

(610) 278-7710

Website: Habitatmontdelco.org



Food

The Bernardine Center

(610) 497-3225

Website: Bernardinecenter.org

Community Action Agency of Delaware County

(610) 833-4455

Website: Caadc.org

Food (Continued)

Women, Infants, Children | WIC

Website: Wicprograms.org/co/pa-delaware

(610) 497-7661
(Chester)

(610) 328-7930
(Springfield)

(610) 352-7925
(Upper Darby)

CityTeam Food Services

Website: Cityteam.org

(610) 872-6865

Pennsylvania Department of Human Services

Website: Dhs.pa.gov/snap

(610) 461-3800



Healthcare

AIDS Care Group

Website: Aidscaregroup.org

(610) 872-9101
(Chester)

(610) 583-1177
(Sharon Hill)

(484) 480-3341
(Eddystone Pharmacy)

ChesPenn Health Services

Website: Chespenn.org

(610) 872-6131

Healthcare (Continued)

County Assistance Office (610) 447-5500
Website: www.delcopa.gov/departments/countyassistance.html

Delco MOMobile (215) 972-0700
Website: Maternitycarecoalition.org/momobile

Main Line Health (484) 337-1970
Website: Mainlinehealth.org/charitycare

Mercy Fitzgerald Hospital (877) 466-3729
Website: Mercyhealth.org

Planned Parenthood (610) 566-2830
Website: Plannedparenthood.org
(Media)
(610) 626-9482
(Upper Darby)



Housing Assistance

Chester Community Improvement Project (610) 876-8663
Website: Cciphousing.org

Chester Housing Authority (610) 904-1111
Website: Chesterha.org

Housing Assistance (Continued)

Community Action Agency of Delaware County (610) 833-4455

Website: Caadc.org

Delaware County Housing Authority (610) 876-2521

Website: Dcha1.org

Delaware County Office of Housing & Community Development (610) 891-5425

Website: Delcopa.gov/hcd/index.html

Delaware County Weatherization Program (610) 521-8770

Website: Delcopa.gov/departments/weatherization.html

Heating Assistance (LIHEAP) (610) 447-3099

Website: Dhs.pa.gov/Services/Assistance/Pages/LIHEAP.aspx

(Cty Assistance Office)

(866) 857-7095

(Hotline)

Housing Equality Center of Pennsylvania (267) 419-8918

Website: Equalhousing.org

Family Promise of Delaware County (484) 480-6756

Website: Familypromisedelco.org

Pennsylvania Housing Finance Agency (855) 827-3466

Website: Phfa.org



Immigration Services

Catholic Social Services (610) 876-7101

Website: Csshiladelphia.org

JEVS Center for New Americans (215) 728-4210

Website: Jevshumanservices.org (215) 728-4226

Hias Pennsylvania (215) 832-0900

Website: Hiaspa.org

Multicultural Family Community Service (484) 461-8660

Website: web.delcochamber.org/Individual-and-Family-Services/Multicultural-Community-Family-Services-3937

Nationalities Service Center (215) 893-8400

Website: Nationalitiesservice.org

Welcoming Center (215) 557-2626

Website: Welcomingcenter.org



Information and Referral

211 United Way | Southeastern PA

Website: 211sepa.org

211
(866) 964-7922

CT Connect | SEPTA Paratransit

Website: Septa.org/travel/cct

(215) 580-7145
(215) 580-7712

Information and Referral (Continued)

Depression/Bipolar Support Alliance (800) 826-3632
Website: Dbsalliance.org

The Foundation for Delaware County (610) 744-1010
Website: delcofoundation.org/who-we-are/

PA Commission for Women (717) 787-5825
Website: governor.pa.gov/about/pennsylvania-commission-for-women

Women in Transition (717) 787-5825
Website: Helpwomen.org

The Women's Bureau | U.S. Department of Labor (866) 487-2365
Website: DOL.gov/agencies/wb

Women's Business Development Center East (215) 790-9232
Website: Wbeceast.com

Women's Resource Center (701) 314-4357
Website: Womensresourcecenter.net



Legal Services

Delaware County Bar Association (610) 566-6625
Website: Delcobar.org

Legal Services (Continued)

Legal Aid of Southeastern Pa Helpline (877) 429-5994

Website: Lasp.org

Office of Support Enforcement (610) 891-4233

Website: Delcopa.gov/departments/supportenforcement.html

Office of Support Enforcement (610) 891-4233

Website: Delcopa.gov/departments/supportenforcement.html

Senior Victim Services (610) 891-4161

Website: <https://delcoda.com/senior-victim-services/>

Women's Law Project (215) 928-9801

Website: Womenslawproject.org

Women's Resource Center (701) 314-4357

Website: Womensresourcecenter.net



Meditation

Center for Resolutions (610) 566-7710

Website: web.delcochamber.org/NonProfit-Organizations/Center-for-Resolutions-126



Mentoring

Big Brothers Big Sister (215) 790-9200

Website: Independencebig.org

Career Assist Network Mentoring Program (610) 272-2946

Website: Valleyyouthhouse.org/programs/mentoring

(Montgomery County)

(215) 925-3180

(Philadelphia)

Chester Boys and Girls Club (610) 874-1237

Website: Boysgirlsclubchester.com

The Center Foundation | WomensCare | Young Parent Support (610) 565-6171

Website: Thecenterfoundation.org



Parenting

Asbury Social Outreach Center (610) 874-2110

Website: www.asburysocialoutreachcenterinc.com/

Child Guidance Resource Center (484) 454-8700

Website: Cgrc.org

Delco MOMobile (215) 972-0700

Website: Maternitycarecoalition.org/momobile

Family and Community Service of Delaware County (610) 566-7540

Website: Fcsdc.org

Parenting (Continued)

Family Support Line Website: Familysupportline.org	(610) 268-9145
The Foundation for Delaware County Website: https://delcofoundation.org	(610) 744-1010
Parents Involved Network Mental Health Partnerships Website: Pa211.org	211 (215) 751-1800
Women's Resource Center Website: Womensresourcecenter.net	(701) 314-4357



Teen Parenting

Project ELECT/TAPP- Teen Parents Website: https://www.dciu.org/domain/266	(610) 938-9000
PathWays PA Center for Families Website: Pathwayspa.org	(610) 459-9177
Young Parents Support Network The Center Foundation Website: Thecenterfoundation.org	(610) 565-6171



Pets

Providence Animal Center

Website: Providenceac.org

(610) 566-4575

(Adoption Center)

(610) 566-1370

(Vet Services)

The Spayed Club

Website: Thespayedclubclinic.org

(484) 540-8436



Pregnancy Services

Amnion Crisis Pregnancy

Website: Amnionpregnancycenter.com

(610) 622-9957

Delaware County Women's Center

Website: Thewomenscenters.com/delawarecountywomenscenter

(610) 874-4361

Doula by My Side

Website: Pettawaypursuitfoundation.org/doula-by-my-side-program-1

(610) 553-5479

Mother's Home

Website: Mothershome.org

(610) 583-4663

Planned Parenthood

Website: Plannedparenthood.org

(610) 566-2830

(Media)

(610) 626-9482

(Upper Darby)



Senior and Elderly Services

Asbury Social Outreach Center (610) 874-2110

Website: www.asburysocialoutreachcenterinc.com

Delaware County Office of Services for the Aging (COSA) (610) 490-1300

Website: Delcosa.org

Meals on Wheels (610) 566-4211

Website: Mowdelco.org

PA SeniorLAW Center Helpline (877) 727-7529

Website: Seniorlawcenter.org

Senior Community Services (610) 237-8100

Website: Scsdelco.org

Senior Victim Services (610) 627-2292

Website: Pa211.org

Surrey Services (215) 307-7158

Website: Surreyservices.org



Substance Abuse Disorder

Family and Community Service of Delaware County (610) 566-7540

Website: Fcsdc.org

Harwood House (610) 853-3440

Website: Harwoodhouse.us

Substance Abuse Disorder (Continued)

Holcomb Behavioral Health Systems

Website: Chimes.org/services/behavioral-health/

(484) 444-0412

(Media)

(610) 352-8943

(Upper Darby)

Livengrin Foundation for Addiction Recovery

Website: Livengrin.org

(800) 245-4746

(215) 638-5200

Mirmont Treatment Center

Website: Mainlinehealth.org/addiction

(800) 846-4656

Office of Behavioral Health/Drugs and Alcohol

Website: <https://delcohsa.org/drugalcohol.html>

(610) 713-2365

Womenspace Ardmore

Website: Rhd.org/program/womenspace-ardmore/

(610) 649-8136



Support Groups

Alcoholics Anonymous

Website: Aasepia.org/meetings/

(610) 352-9897

Al-Anon of the Delaware Valley

Website: Aisdv.org/meetings.html

(215) 222-5244

Support Groups (Continued)

Compassionate Friends

(610) 874-7712

Website: <https://www.compassionatefriends.org/>

Debtors Anonymous

Website: Debtorsanonymous.org

Depression/Bipolar Support Alliance

(800) 826-3632

Website: Dbsalliance.org

Living Beyond Breast Cancer

(855) 807-6386

Website: Lbbc.org

Narcotics Anonymous

(215) 440-8400

Website: Na.org

Overeaters Anonymous

(215) 674-4418

Website: Oa.org

Emergency Hotlines

Police, Fire, Ambulance	911
Poison Control	1 (800) 222-1222
Consumer Control	1 (855) 411-2372

Child/Elder Abuse

Child Abuse Line	1 (800) 932-0313
COSA Elder Abuse Hotline	1 (800) 490-8508

Crisis Intervention/Suicide Prevention

National Suicide Hotline	988
Delaware County Crisis Connections Team	1 (855) 889-7827
Project Reach	1 (610) 352-4703
National Rehab Hotline PA	1 (855) 284-2494
The Trevor Project	1 (866) 488-7386
Parent's Anonymous	1 (855) 427-2736
Veterans Hotline	1 (877) 927-8387
Youth America Hotline	1 (877) 968-8491

Domestic and Sexual Abuse

Domestic Abuse Project of Delaware County	1 (610) 565-4590
National Domestic Violence Hotline	1 (800) 799-7233
National Sexual Assault Hotline	1 (800) 656-4673

Runaway Resources

National Runaway Safeline	1 (800) 786-2929
---------------------------------	------------------

Additional Resources

ChildLine

Phone: 1 (800) 932-0313

Web: <https://www.dhs.pa.gov/KeepKidsSafe/Resources/Pages/ChildLine.aspx>

National Child Abuse Hotline

Phone: 1 (800) 4-A-Child (422-4453)

Web: <https://www.childhelp.org>

Delaware County Children and Youth Services (CYS)

Phone: 1 (800) 416-4511

Web: <https://www.delcohsa.org/childreneyouthservices.html>

Early Learning Resource Center Region 15

Phone: (610) 713-2115 or 1 (800) 831-3117

Fax: (610)713-2233/2333

Email: elrcregion15@pa.gov

Web: <https://www.delcohsa.org/childcare.html>

COSA (County Office of Services for the Aging)

Phone: 1 (610) 490-1300; 1 (800) 416-4504

Email: COZA@co.delaware.pa.us

Web: delcopa.gov/cosa

Delaware County Crisis Connections Team (through Elwyn)

Phone: (855) 889-7827

Web: https://speakup.org/bc_resource/delaware-county-crisis-connections-team-through-elwyn/

Additional Resources (Continued)

Delaware County Department of Emergency Services

Phone: 1 (610) 565-8700

Delco Alert Notification System Sign Up: delcopa.gov/delcoalert

Web: delcopa.gov/emergency

Delaware County District Attorney's Office

Phone: 1 (610) 891-4161

Report a Crime: 1 (610) 891-4700

Web: <https://delcoda.com>

Delaware County Office of Diversity, Equity, and Inclusion (DEI)

Phone: 1 (484) 460-1635

Email: inclusion@co.delaware.pa.us

Web: delcopa.gov/inclusion

Delaware County Elections Department

Phone: 1 (610) 891-8683 [(610) 891-VOTE]

Email: DelcoElection@co.delaware.pa.us

Web: delcopa.gov/vote

Delaware County Health Department

Wellness Line (Phone): 1 (484) 276-2100

Wellness Line (Email): DelcoWellness@co.delaware.pa.us

Web: delcopa.gov/health

Delaware County Department of Human Services

Phone: (610) 713-2115

Web: <https://www.delcohsa.org>

Additional Resources (Continued)

Delaware County Department of Human Services Adult & Family Services Division

Phone: (610) 713-2365

Web: <https://www.delcohsa.org/adultfamily.html>

Delaware County Department of Human Services Drug and Alcohol

Phone: (610) 713-2365

Web: <https://www.delcohsa.org/drugalcohol.html>

Delaware County Department of Human Services Office of Early Intervention

Phone: Call the Office of Early Intervention In-take Line: (610) 713-2406.

Web: <https://www.delcohsa.org/earlyintervention.html>

Delaware County Department of Human Services Office of Intellectual and Development Disabilities (OIDD)

Phone: (610) 713-2400

After hours call the emergency on call service: (484) 326-6341

Web: <https://www.delcohsa.org/administrativeentity.html>

Delaware County Medical Examiner's Office

Phone: (610) 891-5953

Email: DELCOMEEO@co.delaware.pa.us

Web: delcopa.gov/meo

Delaware County Office of Judicial Support

Phone: (610) 891-4370

Web: delcopa.gov/ojs

Additional Resources (Continued)

Delaware County Register of Wills

Phone: (610) 891-4400

Email: RegOfWills@co.delaware.pa.us

Website: delcopa.gov/row

Delaware County Sheriff's Office

Phone: (610) 891-4296

Website: delcopa.gov/sheriff

Delaware County Treasurer's Office

Phone: (610) 891-4273

Email: DELCOMEEO@co.delaware.pa.us

Website: delcopa.gov/sheriff

Delaware County Veterans Affairs Office

Phone: (610) 891-4646

Email: DelcoVA@co.delaware.pa.us

Website: delcopa.gov/va