

Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Center: 610-874-4598 or/

Redwood Coordinator: Brooke Kempczynski 610-891-6061/
KempczynskiB@co.delaware.pa.us



Monday	Tuesday	Wednesday	Thursday	Friday
30 Fitness w/ Deanie 11-12 Line Dancing 1-3	1 Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	2 Zumba 9:30-10:30 Cardio Drumming 10:45-11:45 Chair Yoga 12-1	3 Parkside Senior 9-3	4 Tai Chi 12-1:15
7 Pilates w/ Deanie 11-12 Line Dancing 12:30-2:30	8 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	9 Zumba 9:30-10:30 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Redwood Bingo 1:30-3:30	10 Parkside Senior 9-3	11 Tai Chi 12-1:15
14 Fitness w/ Deanie 11-12 Line Dancing 12:30-2:30	15 Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	16 Zumba 9:30-10:30 Cardio Drumming 10:45-11:45 Chair Yoga 12-1	17 Parkside Senior 9-3	18 Tai Chi 12-1:15
21 Pilates w/ Deanie 11-12 Line Dancing 12:30-2:30	22 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	23 Zumba 9:30-10:30 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Redwood Bingo 1:30-3:30	24 Parkside Senior 9-3	25 Tai Chi 12-1:15
28 Fitness w/ Deanie 11-12 Line Dancing 12:30-2:30	29 Beginner Dance w/ Deanie 10-11 Creations w/ Ro 10-12 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	30 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba Halloween Bash 1:30-3:30 Wednesday Night Dance 6-9	31 Parkside Senior 9-3	

