

DELAWARE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN 2024-2028

Together, we will create a healthier Delaware County.

1) Promote Whole Person Care & Prevent Mental Health & Substance Use Disorders

Goal 1: Improve **mental health**
Goal 2: Decrease **overdoses**

Strategies

Increase access to and awareness of:

- **Mental health** services
- **Overdose prevention** tools

Connect:

- **Overdose survivors** with **recovery specialists**
- **Youth** with **prevention** and **mental wellness** programs

2) Promote Maternal, Parental, and Infant Health

Goal 1: Improve **birth outcomes**
Goal 2: Decrease prenatal **opioid misuse**
Goal 3: Prevent **infant deaths**

Strategies

Identify and Address:

- **SDOH** and **cultural barriers**
- **Prenatal care** access
- Health **inequities**

Develop and Implement:

- **Centralized referral** system
- Perinatal **service directory**
- **Birth companion** program
- Opportunities to **expand programs**

Promote Health Equity
Increase Access to and Awareness of Health and Community Services

3) Prevent Chronic Diseases

Goal 1. Decrease **breast cancer deaths**
Goal 2. Increase **primary care** access
Goal 3. Understand local **asthma** trends
Goal 4. Reduce **obesity**

Strategies

Identify and Address:

- **Barriers** to breast cancer **screenings**
- Places with high rates of **asthma** and its **triggers**
- **Barriers** to **primary care** access

Develop and Implement:

- Programs to support **healthy eating** and **physical activity**
- Programs to support **welcoming health care** settings for **diverse cultures**

Want to help?

Call or email the
DCHD Wellness Line
(484) 276-2100
[DelcoWellness@
co.delaware.pa.us](mailto:DelcoWellness@co.delaware.pa.us)

Find out more at:
delcopa.gov/cha

