

Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski 610-891-6061/
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July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
30 Fitness w/ Deanie 11-12 Line Dancing w/ Mary Ellen 12:30-2:30	1 Improv Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	2 Cardio Drumming 10:45-11:45 Chair Yoga 12:15-1:15 Zumba 1:30-2:30	3 Parkside Seniors 9-3	4 Closed
7 Pilates w/ Deanie 11-12 Line Dancing w/ Mary Ellen 12:30-2:30	8 Beginner Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	9 Cardio Drumming 10:45-11:45 Chair Yoga 12:15-1:15 Zumba 1:30-2:30	10 Parkside Seniors 9-3	11 Closed
14 Fitness w/ Deanie 11- 12 Line Dancing w/ Mary Ellen 12:30-2:30	15 Improv Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	16 Cardio Drumming 10:45-11:45 Chair Yoga 12:15-1:15 Zumba 1:30-2:30	17 Parkside Seniors 9-3	18 Tai Chi 12-1:15
21 Improv Dancing 11-12 Line Dancing w/ Mary Ellen 12:30-2:30	22 Beginner Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	23 Cardio Drumming 10:45-11:45 Chair Yoga 12:15-1:15 Zumba 1:30-2:30	24 Parkside Seniors 9-3 Thursday Night Dance 6-9	25 Tai Chi 12-1:15
28 Fitness w/ Deanie 11- 12 Line Dancing w/ Mary Ellen 12:30-1:30	29 Improv Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	30 Cardio Drumming 10:45-11:45 Chair Yoga 12:15-1:15 Zumba 1:30-2:30	31 Parkside Seniors 9-3	

Check website for any updates
www.delcopa.gov