

# Redwood Community Center

Upland Park, 280 6<sup>th</sup> St., Brookhaven PA 19015

## Any Questions Call:

Redwood Coordinator: Brooke Kempczynski  
610-891-6061/KempczynskiB@co.delaware.pa.us



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	<b>4</b> Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	<b>5</b> Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	<b>6</b> Parkside Senior 9-3	<b>7</b> Tai Chi 12-1:15
<b>10</b> Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	<b>11</b> Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	<b>12</b> Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	<b>13</b> Parkside Senior 9-3	<b>14</b> Tai Chi 12-1:15
<b>17</b> Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30 	<b>18</b> Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	<b>19</b> Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	<b>20</b> Parkside Senior 9-3 Thursday Night Dance 6-9	<b>21</b> Tai Chi 12-1:15
<b>24</b> Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	<b>25</b> Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	<b>26</b> Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	<b>27</b> Parkside Senior 9-3	<b>28</b> Tai Chi 12-1:15
<b>31</b> Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30				

