

Redwood Community Center


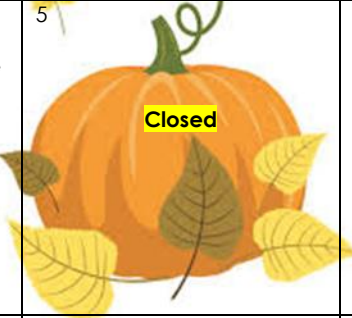
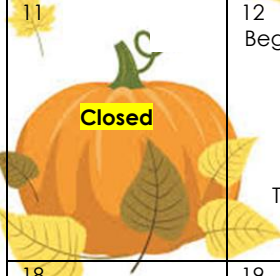


Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Center: 610-874-4598 or/

Redwood Coordinator: Brooke Kempczynski 610-891-6061/
KempczynskiB@co.delaware.pa.us



Monday	Tuesday	Wednesday	Thursday	Friday
28 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	29 Improv Dance w/ Deanie 10-11 Creations w/ Ro 10-12 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	30 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba Halloween Bash 1:30-3:00 Wednesday Night Dance 6-9	31 Parkside Senior 9-3 	1 Closed
4 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	5  Closed	6 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30 Redwood Bingo 2:45-4:30	7 Parkside Senior 9-3	8 Tai Chi 12-1:15
11  Closed	12 Beginner Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	13 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	14 Parkside Senior 9-3 	15 Tai Chi 12-1:15
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