

# **COSA has a New Director**

The County Office of Services for the Aging (COSA) is excited to announce the arrival of its new Director, Carin Tinney. Carin comes to Delaware County after serving as the Deputy Director of Long-Term Care Services in Bucks County, Pennsylvania. Carin holds a Bachelor's degree in Sociology and Women's Studies from Rutgers University and a Master's in Social Work from Kean University in New Jersey.

Having spent nearly twenty-five years working with and on behalf of elders in various settings, Carin brings a passion for supporting older adults to her new role as well as a strong desire to support COSA's mission, Connecting and empowering the County's older residents through services that support their health and well-being.

When asked when she developed a passion for working with the older adult population Carin said, "It was at my first-year MSW internship, a large county nursing home, where I had the privilege of providing one-to-one counseling and support to the residents. I loved working with the seniors and the staff, but I also saw systemic problems that I wanted to fix, areas like worker shortages, institutional care, and lack of tools to help translate assessments." Carin added, "It was then that I made the decision to pursue macro level social work, accepting a life-changing role with PHI in the South Bronx. I was privileged to work for PHI, as it gave me the opportunity to be a part of a movement that embraced the philosophy- if you provide a good job to someone, they will in turn provide high quality care to those receiving long term care supports and services."

Over the years, Carin has espoused this philosophy in the various roles she's held. Carin has worked to enhance the study and appreciation of older adults in social work education, advocated for funding for community centers and settlement houses as a time of deep cuts to social services, and at the Area Agency on Aging in New York City, Carin was primarily responsible for developing programs and researching initiatives for the City's 1.8 million seniors. And most recently, Carin brought her skills and talents to Pennsylvania, where she served as the Deputy Director overseeing an array of programs including Older Adult Protective Services, Caregiver Support, Information & Referral, amongst others.

On how she hopes to move forward, Carin adds, "I'm looking forward to serving Delaware County's seniors and upholding COSA's exceptional reputation in the community, working with our dedicated providers and supporting our devoted staff. First stop? Senior Games 2025!"