

Instructions for Symptomatic Individuals

You are being directed to isolate at home because you are sick

If you have symptoms of COVID-19, schedule a test



Testing sites are located throughout the county. For more information and to schedule a test scan this QR code or visit: <https://bit.ly/cchdtesting>



Individuals awaiting test results should:

- Stay home and avoid contact with others
- Contact your healthcare provider if symptoms worsen
- Stay away from others, especially vulnerable individuals
 - Anyone with chronic health conditions
 - Elderly individuals

What is Isolation?



Isolation is used to separate people sick with COVID-19, from people who are not infected.

In the home, anyone sick or infected should separate themselves from others by staying in a specific “sick room” or area and using a separate bathroom (if available).

Returning to Normal Activities



Negative Test Result

Refer to your employer, group, or team's specific illness policies



Positive Test Result OR Not Tested



Isolate for
10 days



24 hours without a fever

(no use of fever-reducing medications)



Symptoms have
improved

Identify and inform close contacts



- 6 feet or less for 15 minutes or more
- **AND** 48 hours before symptoms began or specimen for test was collected



Additional resources and guidance can be found at Chesco.org/coronavirus
If you have questions, please contact: 610-344-6225